



Cecília Rosso

With the idea of rolling...

*“Imagine the sea,
the waves calmly rolling to the sand and slowly going back from where they
belong,...”*

Among the sweet notes of the soundtrack of *Sword art Online* the waves of the sea move...they
leave signs on the sand while they are passing silently.

As the sea does, on the same notes, the artist flotes around in *With the idea of rolling...*

Floating and lightly the performer flies over the public, spinning and going up and down.

A calm and relaxed atmosphere is surrounding the stage and the fact that the public can easily
touch the performer makes the situation nice and familiar.



*“Breath,...follow your own rythm...
find your balance,...roll and un-roll...
restart the cycle”*



The rolling and unrolling is a constant movement during all the act. This idea of
rolling takes place in different layers: on the floor, in the swings, up, spinning
and static.

The study of the movement is the main topic during all the act.

The interest of the performer is to maintain the spiral movement of the body
expressed with the rolling on the straps and on the floor, studying the different
effects that the movement provocs in the different layers used during the act.

Music accompanies the gentle fluctuation of the movement, which enchants the
adience overwhelming it like a wave.

- Straps performance
- Duration: 5 min.

Rigging requirements:

- An anchor point with a minimum WLL of 500Kg is needed.
- A pulley system (3:1) needs to be installed with a sistem of counterweight (a motor is also a possibility).

Stage requirements:

- A hight of 7m minimum is required.
- The stage needs to be 6x6m minimum with a white dance floor and white curtains (in case of different possibilities contact the artist).

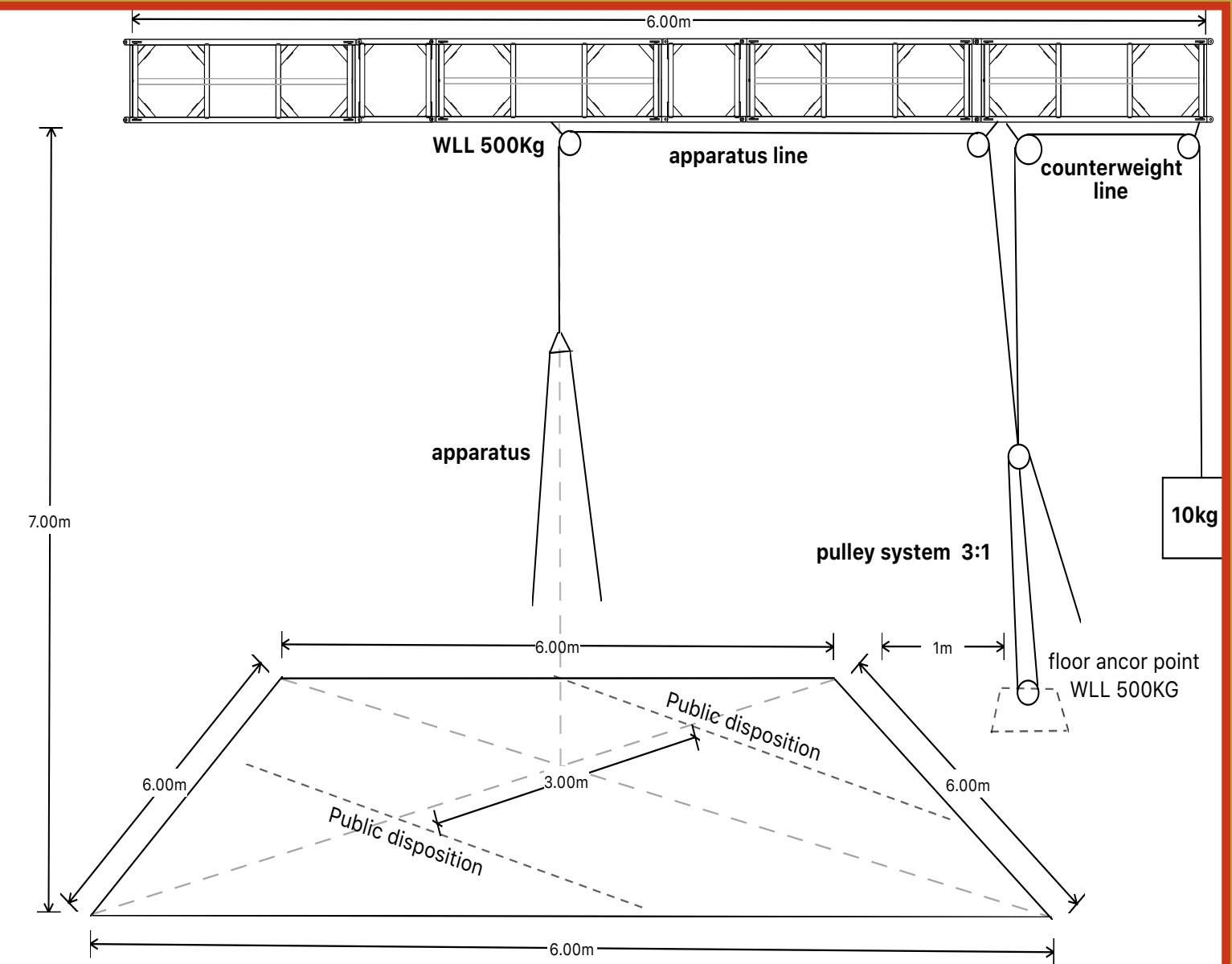
The artist will provide her apparatus.

The public will be disposed in two lines on the stage.

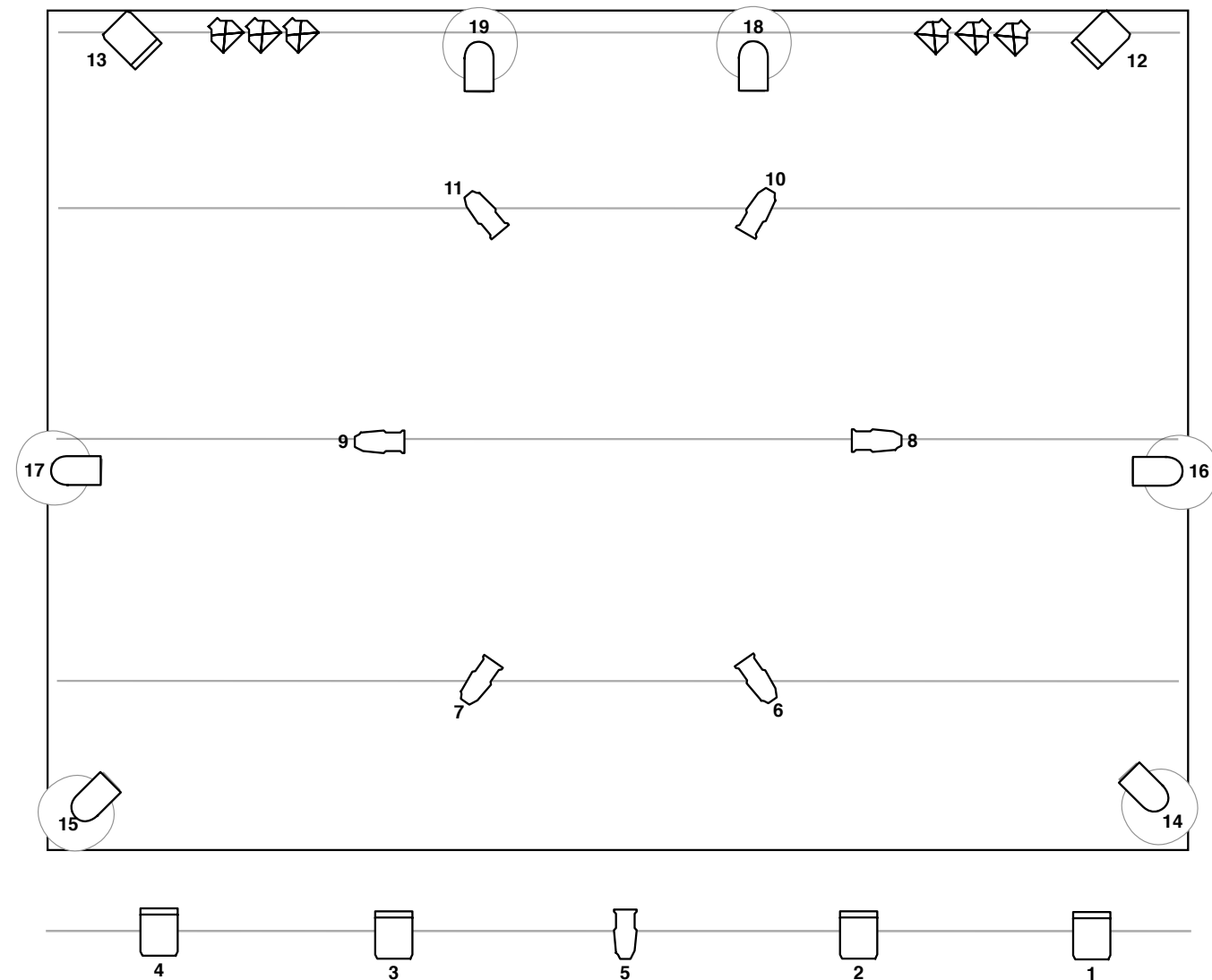
Below you can see the light plot required (changes are possible
contact the artist to fix any problematics).

**For any fourther information
you are pleased to be in contact
with the artist or her technician.**






Technical Rider



Light Plot



Legenda

-  par64 lamp 60
-  profile 25-50
-  PC 1000w
-  Par Led
-  floor light

The light plot represented
it's a general situation
in case of necessity
adjustment are possible
contact the artist

About the artist...

Born in Italy in 1996, already from the beginning I was a high intens mover.

After the studies, during which I attended the amateur circus school Chapitombolo, I decided to follow the professional career in circus.

I attended, in the year 2015/2017 the professional circus school Cirko Vertigo in Grugliasco (TO). During those years, I approced for the first time my now main discipline: straps and I got in contact with theatre, dance and acrobatics.

In 2018 I decided to continue my studies in the Netherlands where I am now attending the Academy of Circus and Performance Art in Tilburg.

During those years of studies, I had stage experinces with my own creations. *With the idea of rolling...* is one of those creations. But I also had the possibility to partecipate in some creations process, like the group show *Odissea*, the production for Circa, and some more like the group show for Circolo Festival and Oerol Festival.

Strong and competitive, I always fight for my dreams, finding a balance in what I want and what the other around me are proposing. Hard worker and sweet heart, always giving my best in everything I do.

Her artistic vision...

During the various years of school I had the possibility to get in contact with different artists and teachers that help and support me in searching my way of approcing the stage.

With my strong character, I always like to take a part of me on stage, having the possibility to share a moment with the public.

Most of my creations are bringing on stage strong women always ready to fight for their principles but with a big heart. Using my apparatus, dance and acrobatics I give voice to my characters.

Always developing and working on new personality. Indeed in this project I mostly focused on the movement work starting from pictures or ambients, I try to expres feelings and emotions with the movement quality integrating dance knowledge with my straps technic.

With the idea of rolling... is an example of movement research, I decided to bring on stage the movements of the waves on the sand during a calm and sunny day of September.

Always looking for new movement qualities I try to make myself inspired by the nature and my native places.





Contacts

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video: https://youtu.be/ijstny__NYk