



Frammenti

A Visceral Journey of Identity and Defiance

A 45min performance by

Profondo Rosso

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Frammenti

Frammenti is a **raw, visceral** solo performance that unpacks the emotional weight of **being a woman** in a world **obsessed** with definitions, beauty **standards**, and **systems of perfection**.

Through physical movement, the intimate use of **aerial straps** and the visceral tension of **hairhanging**, Cecilia stages a personal journey that resonates on a collective level, blending vulnerability and strength into a striking physical language.



Set in a **surreal space** of hanging mannequins and shattered mirrors, the performance doesn't illustrate—it amplifies. Each gesture, each breath, each suspension confronts the gap between true self and imposed identity.

Frammenti is not something to simply watch.

It's an experience that touches, unsettles, and lingers long after the final breath.

Frammenti speaks to urgent cultural questions around gender, identity, and emotional survival. It gives voice to the often-unspoken experience of not fitting in—physically, emotionally, or socially.

The performance doesn't offer solutions, but creates a space for reflection, disruption, and recognition.

The work is born from lived experience.

From feeling too much, too little, too loud, too soft.

From navigating systems that ask women to shrink and stay silent. It is a refusal to disappear.

A declaration of presence through every broken, beautiful piece.



Theaterkrant review

CECILIA ROSSO VERZET ZICH MET VIRTUOZE ACROBATIE TEGEN OPGELEGDE NORMEN



"Each fragment, each gesture, each suspension confronts the gap between true self and imposed identity.

“In line with the title Frammenti, the struggles of a woman with imposed norms and expectations appear in successive fragments.”

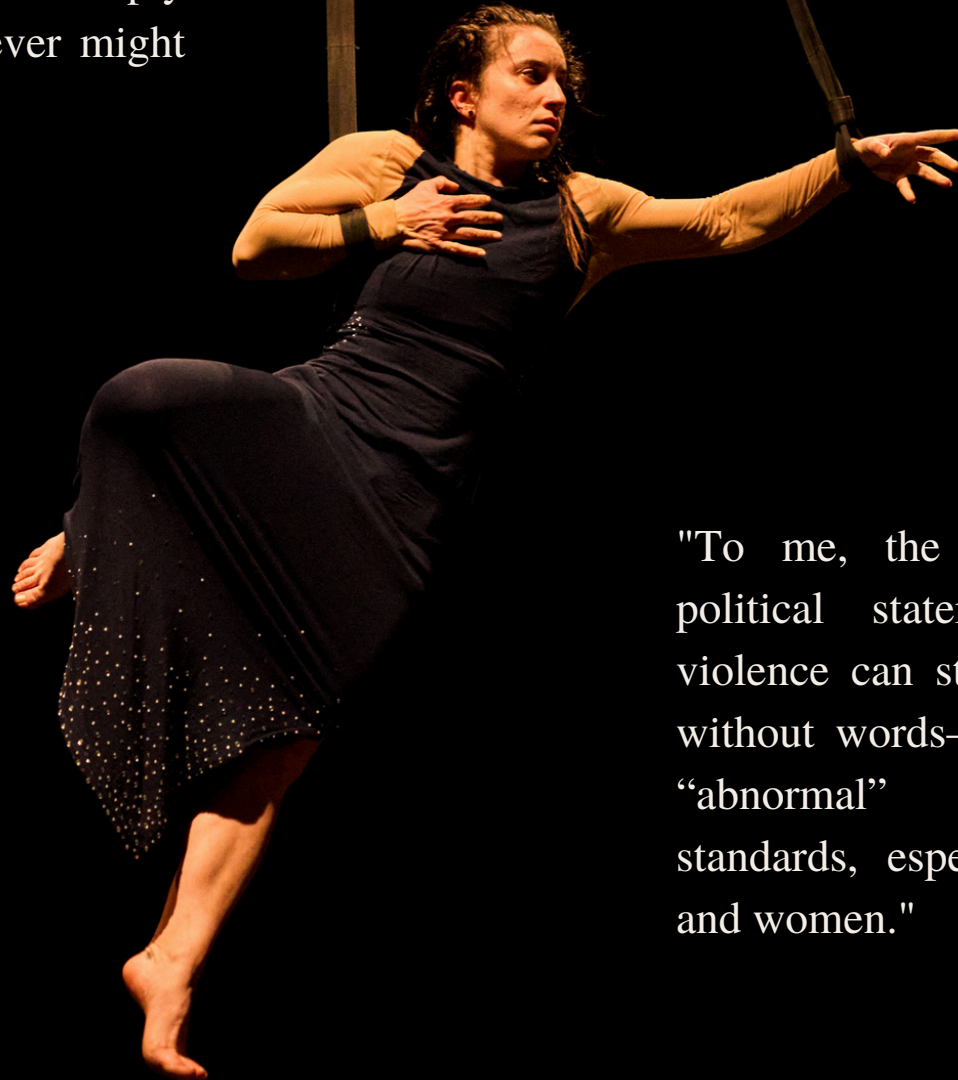
“Rosso’s hairhanging act is thrilling ... but the performer makes her technical skills fully serve what she wants to express.”

[go to the full review](#)



Audience impressions

"The piece lets its dramaturgy unravel, building a strident, unstable atmosphere. Disruptions in sound and action dissolve any clear expectation—until I simply wanted to stay, open to whatever might come next."



"To me, the piece makes a strong political statement. It reveals how violence can still be carried out—often without words—against anyone seen as “abnormal” by heteronormative standards, especially gender minorities and women."

General technical informations

Space requirements:

- performing space of 8x8m
- 1 rigging point WLL 350kg
- 4 rigging point WLL 50kg for scenography
- 2 anchor points: 1 of WLL 350kg & 1ow WLL 50kg

Possible locations:

- black box
- Outdoor space are also possible some technical checks need to be made.

Sound:

- 2 speakers on each corner.

Light:

- more specification on tech rider



Credits

Director Cecilia Rosso

Performer Cecilia Rosso

Dramaturg Jakob Lohmann

Music Raphaël Albanese

Light Design Alexis Bardon, Jakob Lohmann

Technician Jakob Lohmann

Artistic Assistant Inge den Adel

Video Raphaël Albanese

Outside Eye

Tarek Rammo, Athanasia Chatzigiannaki,
Ganna Veenhuysen,
Kim-Jomi Fischer & Marta Alstadsæter

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[To the trailer](#)

